

A clear "VIEW" of Clearview

Elementary School, District 742, St. Cloud, Minnesota

A Message from our Principal Paula Foley

Hello & Happy Week!

It's busy and life is good!

Our annual fundraiser is underway. We are working with the Geckler Company. The purpose of the fundraiser is to gain funds to support our field trips and class projects. A big thanks to Kathy Roberts and our PTA for making all they make happen for our kids. PLEASE NOTE THAT THIS IS OUR MAGAZINE AND OUR PRODUCT FUNDRIASER. We will not have another fundraiser like this. Your support for this is greatly appreciated. To see more options or to send information to friends and relatives for ordering, go to the Geckler website on your packets. A second web site with expanded options is www.readingathome.com, school code 130096. Please take a look and thanks for any support you can give us.

Thanks to our Clearview football players and coaches for a fun evening on Tuesday. Our Clearview White Team played Clearview Blue under the lights at Tech High School's Clarke Field. It was good football and great fun. A special thanks to our wonderful coaches! Thanks too to our wonderful staff for the nice job with announcements, concessions and school spirit! It was a fun evening and I appreciate all who participated in any way.

Our 3rd, 4th, 5th and 6th graders were fortunate to have CLIMB Theatre perform "Trash" on Wednesday. The presentation highlighted recycling and the benefits we experience by caring for our environment. Be sure to ask your children what they learned.

Tonight is our Excellence Celebration which will be our opportunity to learn more about the upcoming Levy. It is a great chance to celebrate the good at Clearview and learn about the upcoming levy. We hope you'll join us and get informed.

Thanks again for your help with the fundraiser. Please note that next Wednesday is an **Early Dismissal Day**. Please take a minute and read about our Fall Fun Day on October 4th which will be sent home separately from this newsletter. It will be a special day and we hope we see many of you here!

Success Story #1

Thank you students and parents of Clearview for helping to make our summer program the success it was! Our attendance for the whole summer was 477 students! We all had a great time reading stories, playing games on the computer, math games, arts & crafts and story hour with the Girl Scouts. The students who came in to work on school work all worked very hard on what they were there to do. The students also put in a lot of effort to complete their reading sheets and we were able to hand out many prizes for their accomplishments!

Tiger Volleyball for 3rd - 6th Grade Girls

You are invited to attend the Tech High School Fall Volleyball Camp. The camp is hosted by the Tech Volleyball Teams and will be held in the gym at Tech High School.

Friday, October 3, 2008
3:30 p.m. - 5:30 p.m.
\$15.00 per participant

You will be introduced to basic volleyball skills and have the opportunity play the Tech students. The cost includes camp instruction, a beverage, and a Tech t-shirt which will allow the participants in to the Oct. 6th game for free.

If interested, please stop by the Office and pick up a registration form.



Wildlife Festival

Celebrating National Wildlife
Refuge Week
And 43rd Birthday of Refuge
at
Sherburne National
Wildlife Refuge
Saturday - October 4th
10 a.m. - 4 p.m.

The Wildlife Festival is a FREE event co-sponsored by the Refuge and the Friends of Sherburne NWR.

Locations: All programs start at the Old School House located on Sherburne Co. Rd. 9.

For more information or special accommodations: Call Refuge Office at 763-389-3323, ext. 13. TTY users may use the Federal Relay Service at 1-800-877-8339.

Activities & Exhibits

Archery & Air Rifle Workshops, Prairie Seeds & Tea, Scavenger Hunt, Face Painting & Nature Crafts, Reptile Showcase, Wildlife Expo., Bird House & Binoculars Displays, Fire Fighting Equipment Silent Auction, Bonfire
Free Birthday Cake (1:00 p.m.)
Brat & Hot Dog Lunch (11:00 a.m. - 2:30 p.m.)

Guided Tours

Sunrise Crane Watch (6:30 a.m.)
Wonders of the Wild Walk (11:00 a.m. & 1:00 p.m.)
Horse Drawn Hay Rides (10:30 a.m. - 4:00 p.m.)
Bus Tour of Wildlife Drive (11:00 a.m. & 1:00 p.m.)

Presentations

Raptors of the Midwest (11:30 a.m. & 12:30 p.m.)
Earthsongs by Douglas Wood (2:00 p.m.)

*** R E M I N D E R ***

There is a 2 Hour Early Dismissal on
Wednesday, September 24th

C O U N S E L O R S

O I love lists. They teach me new strategies and remind me of old ones. There were a couple good ones in recent papers that apply to school beginnings, so I'll share.

r From CentraCare Health System's *Spotlight on Health* is "Tips to help your kids get the sleep they need." Children and teens generally aren't getting enough sleep... Elementary children need 9 to 10 hours of sleep per night and adolescents should get at least 8 to 9 hours. Parents can be good role models, stress the importance of sleep and read to kids at bedtime. Sleep problems such as snoring or disruptions in **sleep** can affect school performance.

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- Have **regular bedtime and wake time** - even on weekends.
- Provide **down time by reading** before bed to settle the mind and unwind.
- **Turn off TVs and computers** in the bedroom.
- **Limit or eliminate caffeine.**
- For teenagers who can't get out of bed before noon, **avoid light at night** and bring on more light in the morning.

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Other ParentSmart "4 big, easy boosts for your student" from Ann Pleshette Murphy in USA Weekend include:

- Start the day right. Have a nutritious **breakfast**.
- Bookmark the school website. **Stay informed** of school news and kids' teachers online. [Or use the phone, visits or notes.]
- Work out during homework. Research shows that **physical activity** helps academics, so toss a ball during vocabulary drills or kick a soccer ball while reciting times tables.
- Put "zzz's" on the A-list. Insufficient **sleep** can hurt academically the next day. [Again!]

I hope ALL of us are adjusting well to this new year and taking care of ourselves as well. Please call me with any questions or concerns.

Mary Jane Brewster
NEW CLEARVIEW DAYS: TUESDAYS, THURSDAYS and FRIDAYS
743-2241 ext. 3574

PARENTING A CHILD WITH ADHD: YES I CAN! October 23, 2008 7-9 p.m.
Register online: www.resourcectraining.com Code: 7747 or call 320) 255-3236

Dates to Remember . . .

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|------------------------------|--|--|--|
| Sept. 18 th | - LEVY Informational Meeting, 6:00
- 6 th Grade Band Info @ Talahi, 7:00 | Oct. 4 th | - Fall Family Fun Day & Race |
| Sept. 20 th | - Blue Football @ Apollo, 9:00 a.m. | Oct. 4 th | - Blue vs. White Football @ 10:00 a.m. |
| Sept. 20 th | - White Football @ Apollo 10:30 a.m. | Oct. 4 th | - Fall Festival @ Rejoice Lutheran 11-6 |
| Sept. 21 st | - St. Marcus Parish Festival | Oct. 4 th | - Lutefisk & Meatball Dinner, 4 – 6:30
Rejoice Lutheran |
| Sept. 21 st | - Omelet Breakfast, Clearwater Legion | Oct. 6 th | - Site Council, 7:00 p.m. |
| Sept. 22 nd | - Grade 4 Field Trip – SJU Aboreatum | Oct. 7 th | - Fire Drill/Lockdown practice |
| Sept. 23 rd | - PTA Meeting, 6:30 | Oct. 11 th | - White Football @ Tech, 9:00 a.m. |
| Sept. 23 rd | - Geckler Fundraiser ends | Oct. 11 th | - Blue Football @ Tech 10:30 a.m. |
| Sept. 24th | - 2 Hour Early Dismissal | Oct. 14 th | - PTA Meeting, 6:30 p.m. |
| Sept. 27 th | - Blue Football @ Tech, 9:00 a.m. | Oct. 16 th & 17 th | - MEA – NO SCHOOL |
| Sept. 27 th | - White Football @ Tech noon | Oct. 23 rd | - Picture Retake Day
- PTA Education Night, 6:30 |
| | | Oct. 25 th | - Trunk or Treat @ St. Marcus Parish |



John Adams

2nd President – 1797 – 1801

Atlas of Independence

"I must study politics and war that my sons may have liberty to study mathematics and philosophy."

Born and raised outside of Boston, John Adams graduated from Harvard College in 1755. His great-great-grandparents were among the Pilgrims who landed on Plymouth Rock in 1620. When he was elected president, after serving as Washington's vice president, the nation's capital was still in Philadelphia. When the new capital, including the White House, was ready in Washington, D.C., in 1800, President Adams, traveling with his family, got lost in the woods trying to find their new home. They did manage to move in before the paint was dry.

Once in his new house, Adams wrote: "May none but honest and wise men ever rule under this roof." His wife, Abigail, used to hang the laundry in the East Room to dry. Whenever they had to be apart, President and Mrs. Adams wrote letters to each other (1,100 have been saved), and many of them are very romantic and tender.

In those days, the candidate getting the second most votes became vice president. That's how Thomas Jefferson became Adam's vice president. The two men did not agree on what the brand-new government should be. Adams wanted the government to grow larger and have a big army, and he wanted to raise taxes to pay for it all. Jefferson thought the government should stay small. By the end of Adam's term in office, he and Jefferson were so angry at each other that when Jefferson beat Adams in the election, Adams did not go to his swearing-in ceremony. Years later, however, the ice melted and the two Founding Fathers became friends again and wrote many letters to each other, discussing the direction of the country.

Adams and Jefferson were the only two presidents who signed the Declaration of Independence, which Jefferson wrote. It was basically a letter to King George III of England telling him that America was breaking away from England to form its own country. The letter was dated July 4, 1776. Strangely enough, both John Adams in Boston and Thomas Jefferson in Virginia died within hours of each other on the same day, July 4, 1826, the 50th anniversary of the Declaration of Independence.

★ AT A GLANCE ★

Born
October 30, 1735
Quincy, Massachusetts

Political Party
Federalist

Vice President
Thomas Jefferson

First Lady
Abigail

Stepchildren
Abigail, John Quincy,
Susanna, Charles and
Thomas

Pets
Cleopatra, a horse;
Juno and Satan, dogs