

Respect Retreat Program Overview

Who: Apollo and Holdingford's freshman class and small group leaders

What: Youth Frontiers Respect Retreat
Holdingford and Apollo's 9th grade students will participate in the Respect Retreat. During the Youth Frontiers Respect Retreat, students from different backgrounds and social cliques work together to learn how to embrace respect as a core value in their lives and school community.

When: Tuesday, December 8th (9:00 am-2:15 pm)

Where: Apollo High School and Holdingford High School
Half of the Apollo freshman class will travel to Holdingford, and half of the Holdingford freshman class will travel to Apollo.

Why: The Respect Retreat helps build a positive school community by compelling students to respect themselves, respect others, and stand up for the value of respect.

More About Youth Frontiers

Youth Frontiers is a nonprofit, nonpartisan organization, and we exist to help schools in their mission to develop both smart kids AND good kids.

For over 20 years, Youth Frontiers has been transforming the day-to-day experience in schools across America by providing dynamic and meaningful programs designed to create a more positive school community.

This past year, we delivered 664 retreats in 15 states throughout the country, including in our expansion areas of Denver, Phoenix, and Omaha.

Each year we work with nearly 100,000 students and educators—challenging them to think critically about how they treat themselves and others, and inspiring the silent majority of students to help make their school a better place.

Further information can be found at www.youthfrontiers.org

Evaluating Our Impact:

Youth Frontiers Three Key Findings

1. Students learn how to treat each other better.

- 93% of students on the Kindness Retreat reported that they learned ways to be kinder to their peers and how to include others in activities. (Sass, 2005)
- Over half of teachers surveyed regarding the Courage Retreat felt that there had been a noticeable change in the ways students treated each other even 60 days after the experience. (Sass, 2005)
- 74% of students on the Respect Retreat reported that they had been more respectful of others since the retreat. (Sass, 2005)
- Youth Frontiers expands the common vocabulary of students and teachers around building positive school communities. (Johnston, 2008)

2. Students are more engaged and willing to stand up for others.

- 86% of students on the Courage Retreat reported that they learned what it means to act with courage, the impact of fear, and skills about how to show courage. (Sass, 2005)
- Through the direct instruction on the retreat, students have an increased awareness of their choices and use this experience as a catalyst to change their behavior. (Johnston, 2008)
- Youth Frontiers retreats assist educators with behavior management and problem-solving strategies. (Johnston, 2008)

3. Youth Frontiers delivers a consistently high-quality retreat experience.

- 95% of teachers reported that the Respect Retreat was of a very high quality. (Sass, 2005)
- Youth Frontiers has incorporated many best practices into the retreat format including using upper-class students as role models, using a variety of formats that are relational and youth-centered, and providing opportunities for personal reflection. (CAREI, 2009)
- 100% of educators rated the quality of Youth Frontiers retreat staff facilitation as very high. (Johnston, 2008)

YF Longitudinal Evaluation Project, Ed Sass, Ed. D., 2002-2005 YF Client Review Evaluation Project, Bill Johnston, 2007-2008 Preliminary Report, Center for Applied Research and Educational Improvement, University of Minnesota, 2009