

STUDENT ATHLETE PROGRAM EVALUATION FORM

Please respond to the following statements utilizing a response from the choices below which most clearly and honestly represent your feelings. Use the back for any additional comments.

SD - Strongly Disagree
A - Agree

D - Disagree
SA - Strongly Agree

SD - Slightly Disagree
NA - Not Applicable

SA - Slightly Agree

A. FACILITIES AND EQUIPMENT

	<u>SD</u>	<u>D</u>	<u>SD</u>	<u>SA</u>	<u>A</u>	<u>SA</u>	<u>NA</u>
1. The playing facilities (i.e. track, pool, gym, court, field etc) are comparable to schools in our conference.	1	2	3	4	5	6	0
2. The locker room facilities are comparable to schools in our conference.	1	2	3	4	5	6	0
3. Equipment (balls, bats, sticks, hurdles, goggles, head gear, etc.) was in a state of condition which allowed our squad to compete effectively.	1	2	3	4	5	6	0
4. The uniforms and warm-ups were comparable to those of our opponents.	1	2	3	4	5	6	0
5. Practice clothing was generally accessible and adequate for our team.	1	2	3	4	5	6	0

B. WEIGHT ROOM

1. The weight room helped to develop strength, quickness and endurance for my sport.	1	2	3	4	5	6	0
2. The hours of operation for the weight room were compatible with my academic schedule.	1	2	3	4	5	6	0
3. The strength program was helpful in developing and maintaining an individualized weight program.	1	2	3	4	5	6	0

C. ATHLETIC TRAINING

1. The training room provided effective care and management of athletic injuries.	1	2	3	4	5	6	0
2. The training room hours were compatible with my academic schedule.	1	2	3	4	5	6	0
3. Training room staff was knowledgeable of preventative taping and bracing techniques.	1	2	3	4	5	6	0
4. The training room staff was knowledgeable in injury rehabilitation techniques.	1	2	3	4	5	6	0
5. The training room staff was sensitive to the need to refer complicated problems to medical specialists.	1	2	3	4	5	6	0
6. My training room needs were attended to promptly and effectively.	1	2	3	4	5	6	0

D. HEAD COACH

1.	The coach had adequate knowledge of the rules, skills, and strategies our team needed to develop competitively.	1	2	3	4	5	6	0
2.	The coach recognized individual needs and differences among team members.	1	2	3	4	5	6	0
3.	The coach helped individuals develop to their full potential.	1	2	3	4	5	6	0
4.	The coach kept other aspects of student life in perspective with athletic requirements.	1	2	3	4	5	6	0
19.	Opportunity was available for each individual to communicate with the coach.	1	2	3	4	5	6	0
5.	I felt I could take advantage of the opportunity for one on one communication with the coach.	1	2	3	4	5	6	0
6.	When communicating individually with my coach, I felt it was a sincere exchange of ideas.	1	2	3	4	5	6	0
7.	Players feel a strong sense of respect for the coach.	1	2	3	4	5	6	0
8.	Information from coaches to the team was clear and understandable.	1	2	3	4	5	6	0
9.	List two things the head coach does to make the experience a positive one.	1	2	3	4	5	6	0
	1.							
	2.							
1.	List two things the head coach could do to be more effective.	1	2	3	4	5	6	0
	1.							
	2.							

E. ASSISTANT COACHES

1.	Players feel a strong sense of respect for the assistant coach(es).	1	2	3	4	5	6	0
2.	Information from the assistant coach(es) to the team was clear and understandable.	1	2	3	4	5	6	0
3.	When communicating individually with my assistant coach(es), I felt it was a sincere exchange of ideas.	1	2	3	4	5	6	0
4.	The assistant coach(es) were an integral part of the success our sport experienced.	1	2	3	4	5	6	0

F. PRACTICES

1.	The length of practices was effective for the conditioning of our squad.	1	2	3	4	5	6	0
2.	Practices were effectively structured to enhance individual skill development.	1	2	3	4	5	6	0
3.	The time to practice was compatible with my scholastic needs.	1	2	3	4	5	6	0
4.	Practices simulated realistic competition situations.	1	2	3	4	5	6	0
5.	Practices were well organized and challenging.	1	2	3	4	5	6	0
6.								
7.	Practices helped maintain squad alertness, commitment, and motivation.	1	2	3	4	5	6	0

G. SCHEDULING

- | | | | | | | | | |
|----|--|---|---|---|---|---|---|---|
| 1. | The level of competition scheduled was a challenge to my individual skill level. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |
| 2. | The level of competition scheduled was a challenge to my team=s skill level. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |
| 3. | The schedule of competition, missed school time, placed pressure on my studies. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |
| 4. | Enough competitions were scheduled in one week to maintain my condition and my interest. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |

H. ATHLETIC ADMINISTRATION

- | | | | | | | | | |
|----|--|---|---|---|---|---|---|---|
| 1. | The administration demonstrated support for my sport by providing adequate resources and facilities. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |
| 2. | Administrators were accessible to answer questions or discuss concerns. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |
| 3. | Players were informed of MSHSL/CLC rules and all athletic staff personnel followed them. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |
| 4. | Athletic administrators made a strong effort to get to know student athletes. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |

I. OVERALL

- | | | | | | | | | |
|----|---|---|---|---|---|---|---|---|
| 1. | My experience is among the best I've ever had. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |
| 2. | My experience as a student athlete is among the best I've ever had. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |
| 3. | Every year I develop improved rapport with other squad members. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |
| 4. | Many of the demands experienced in athletics have been directly parallel to those in everyday life. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |
| 2. | If I had it to do over again, I would participate in the Apollo Eagle activity. | 1 | 2 | 3 | 4 | 5 | 6 | 0 |

Thank you.
Activities Department