



TECH TIGER TROT

5K RUN/WALK

**SATURDAY
AUGUST 25, 2007**

WAITE PARK, MINNESOTA

All proceeds go to support
Cross Country and Track
and Field Athletes at
Tech High School.

good
karma

Quarry Park and Nature Preserve

Waite Park, Minnesota
Saturday, August 25, 2007

Registration: 8:00 a.m.
Start Time: 9:00 a.m.
\$20.00 day of race



Registration and sign in begins
at 8:00 a.m. at Discovery
Elementary School.

For more information about the Tiger Trot and Tech High School running please visit:
<http://www.isd742.org/techrunners>



Tech Tiger Trot Registration Form

Name: _____
Address: _____
City / State / Zip: _____
Email: _____
Telephone: _____ Sex: _____ Age: _____

Yes! I would like to volunteer.

Race entered: 5k Run 5k Walk

T-Shirt Size: S M L XL

Make check Payable to:
Tech High School

Mail to: **Tech Tiger Trot**
P.O. Box 2421
St. Cloud, MN 56302

Three other ways to register:

1. In person at the Tech Activity Office
2. Print and mail form at www.isd742.org/techrunners
3. Online at www.active.com

How much money?

Before June 15: ----- \$15
After June 15/Race Day: ---- \$20

More?

Additional Donations are
welcome and will go directly to
Tech C.C. and Track and Field!

I am entering this event at my own risk and I am responsible for injuries I may incur as a result of participation in this event. I agree not to hold any representative of Tech High School or any organization associated with Tech High School responsible. I also let my name, any photographs, video tapes or motion pictures, be used in future promotion of this event without obligation or liability to Tech High School.

Signature (parent signature if under 18 years old)

Date