

# Season's Goals:

Goal for my performances: \_\_\_\_\_

Step 1 \_\_\_\_\_

Step 2 \_\_\_\_\_

Step 3 \_\_\_\_\_

Goal for being a member of this team:

\_\_\_\_\_

Goal for academics:

\_\_\_\_\_

Goal for my attitude:

\_\_\_\_\_

Goal for social/family time:

\_\_\_\_\_

Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Coach's Signature: \_\_\_\_\_ Date: \_\_\_\_\_