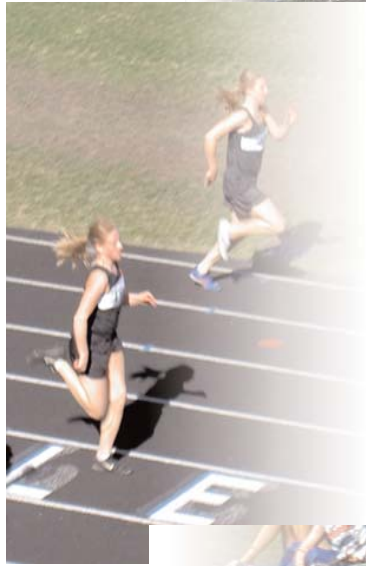


Place
Stamp



TECH TIGER TROT

5k Run/Walk



**TECH HIGH SCHOOL: TRACK & FIELD
CROSS COUNTRY
FUNDRAISER**

Saturday, August 27, 2005

**Quarry Park and Nature Preserve
Waite Park, MN**

**All proceeds go to support the Track & Field
and Cross Country athletes at Tech High School**

Registration and Start at Discovery Elementary

John Telega
P.O. Box 2421
St. Cloud, MN 56302-2421

RACE INFO

... Local Runners Supporting Local Runners ...

5k Run / Walk
(About 3.1 Miles)

A great way to give support, have some fun, and exercise

All proceeds go to support the Track & Field and Cross Country athletes at Tech High School



Saturday, August 27, 2005
Start Time: 9:00 A.M.

Cost:

- Pay by 4/3/05 - \$12
- Pay by 6/12/05 - \$15
- Pay by 8/6/05 - \$18
- Pay after 8/6/05 - \$20

Runners' Awards Age Categories:

14 & under • 15-19 • 20-29 • 30-39 • 40-49 • 50-59 • 60-69 • 70 +

Awards will be given to the top three males and females in each age category for the runners. There will also be a special award for overall male and female finisher.

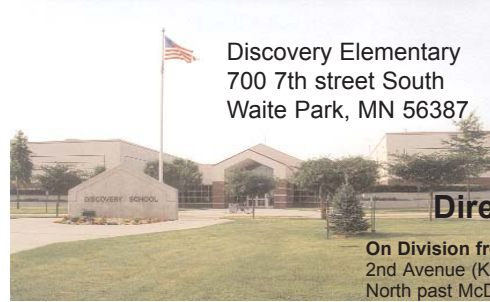
Each participant will receive a t-shirt. Several prizes will be drawn for and given away to the walkers following the event. You must be present to receive your prize.



DIRECTIONS

... Registration and race will start at Discovery Elementary School ...
Directly across from Quarry Park

Registration available day of:
Saturday, August 27th
8:00 - 9:00 A.M.
\$20.00 day of race



Discovery Elementary
700 7th street South
Waite Park, MN 56387

Directions

On Division from East. Take a left on 2nd Avenue (Krispy Kreme), proceed North past McDonald's, continue through lights at 4-way stop, take right on 7th Street South, proceed until you see Discovery Elementary on left.

From the West on Division. Take a right on 10th Avenue (China Star restaurant), proceed North past Menards to 4-way stop, take left on 7th until you see Discovery Elementary on right.

From Hwy 94. Take 15 heading North until intersection, take left on Hwy 23 (2nd Street So), take left on 10th Avenue (McDonald's) until you come to a 4-way stop, take right on 7th street So, proceed until you see Discovery Elementary on left.



MAPQUEST

Tech Tiger Trot Registration Form
August 27, 2005 • 9:00 a.m.

Each participant must fill out a separate registration form. No refunds or number transfers.

Name _____
 Address _____
 City/State/Zip _____
 E-mail _____
 Phone _____
 Sex _____ Age _____
 Please circle shirt size: S M L XL
 Race entered 5K Run 5K Walk
 Yes! I would like to volunteer!

Make Check Payable to:
Tech High School
Mail to: John Telega
 P.O. Box 2421
 St. Cloud, MN 56302-2421
Three other ways to register:
 1) In person at Tech Activity Office
 2) Print off mail in @ www.isd742.org/techrunners
 3) Online at www.active.com

I am entering this event at my own risk and I am responsible for injuries I may incur as a result of participation in this event. I agree not to hold any representative of Tech High School or any organization associated with Tech High School responsible. I also agree to let my name, any photographs, video tapes, or motion pictures, be used in future promotion of this event without obligation or liability to Tech High School.

Signature (parent signature if under 18 years old) _____ Date _____

How Much Money?
 • Pay by 4/3/05 - \$12
 • Pay by 6/12/05 - \$15
 • Pay by 8/6/05 - \$18
 • Pay after 8/6/05 - \$20

