

Order of Events for High School Track and Field

3200 Meter Relay (4X800)
110 Meter High (39-inches) Hurdles Boys
100 Meter High (33-inches) Hurdles Girls
100 Meter Dash
800-Meter Relay (4X200)
1600-Meter Run
400-Meter Relay (4X100)
400-Meter Dash
300-Meter Intermediate (36-inch) Hurdles Boys
300-Meter Low (30-Inch) Hurdles Girls
800-Meter Run
200-Meter Run
3200-Meter Run
1600-Meter Relay (4X400)

Field Events:

Discus Throw
High Jump
Long Jump
Pole Vault
Shot Put
Triple Jump