

## 2007 GIRLS' TRACK AND FIELD LETTERING POINTS TRACKER

Earned	Possible	Point-Earning Criteria
	4	G.P.A. of 3.5 or higher for fourth quarter.
	3	Academic All-Conference award winner.
	3	Academic All-State award winner.
	2	Pre-Season parent meeting.
	2	Participation in at least one team fundraiser.
	6	Perfect practice attendance (from 4/10 onward).
	2	Missed 2 or fewer practice (from 4/10 onward).
	3	Turned in uniform prior to end-of-season banquet.
	5	Treated fellow teammates, coaching staff and competitors with respect.
	1	Entered in Monticello Invitational.
	1	Entered in Mega Meet.
	1	Entered in True Team Meet.
	1	Entered in CLC Championships.
	1	Entered in Sub-Sections Meet.
	2	Earned All-Conference award.
	1	Earned All-Conference Honorable Mention award.
	1	Qualified for MN State Honor Roll.
	2	Qualified for Sections Meet.
	3	Qualified for State Meet.
	4	Earned All-State honors.
	2	Set a new school record.
	50	<b>TOTAL</b>

Earned	Possible	Point-Loss Criteria
	1 each	Missed a practice after April 10th.
	2 each	Not supportive of teammates at a meet (sitting in camp, etc.)
	5 each	Disrespectful of teammates, coaching staff, fellow competitors, etc.
	10	Did not turn in uniform by end of season banquet.
		<b>TOTAL</b>

	<b>TOTAL POINTS EARNED</b>
	<b>LESS TOTAL POINTS LOST</b>
	<b>TOTAL LETTERING POINTS</b>

*\*\*25 + points for a varsity letter, 15 + points for a participation award\*\**