

Licensed to Sauk Rapids High School Track Team HY-TEK's Meet Manager 5/2/2009
 Central Minnesota Mega Meet 2009 - 5/2/2009
 Sauk Rapids-Rice Middle School
 Results

Event 1 Girls 4x800 Meter Relay

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Meet: % 9:41.10 5/7/1994 Sartell
State: ? 9:16.60 5/7/1994 Winona
National: ! 8:58.43 1982 Fort Washington Upper Dublin, Pennsylvania
School Finals
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Finals

- | | |
|----------------------------------|---------------------------|
| 1 Monticello | 10:00.13 |
| 1) Witschen, Mandy 11 | 2) Seidenkranz, Erica 9 |
| 3) Stoick, Amber 9 | 4) Tessier, Kirstie 12 |
| 2 Sartell-St Stephen | 10:02.93 |
| 1) Rengel, Allie 10 | 2) Haider, Ashton 8 |
| 3) Anderson, Ali 12 | 4) Peterson, Heidi 11 |
| 3 St. Cloud Cathedral | 10:16.74 |
| 1) Danielson, Greta 9 | 2) Danielson, Elena 8 |
| 3) Unger, Alyssa 9 | 4) Brew, Brigid 7 |
| 4 Spring Lake Park/St. Anthony V | 10:19.41 |
| 1) Picard, Alexandra 9 | 2) Christan, Devyn 10 |
| 3) Jaskela, Meagan 11 | 4) Reiland, Holly 12 |
| 5 Centennial High School | 10:34.20 |
| 1) Solberg, Kaila 12 | 2) Bowler, Sarah 11 |
| 3) Kissell, Jenna 11 | 4) Willerton, Megan 12 |
| 6 Blaine | 10:43.69 |
| 1) Holschbach, Kelsey 12 | 2) Harper, Erin 9 |
| 3) Ederer, Rose 10 | 4) McDonald, Isabella 9 |
| 7 Foley | 10:53.79 |
| 1) Anderson, Amy | 2) Lyon, Ashley |
| 3) Wendt, Jordyn | 4) Katke, Kelsey |
| 8 Sauk Rapids-Rice | 11:07.39 |
| 1) Moline, Elizabeth 8 | 2) Armstrong, Alicia 10 |
| 3) Bukowski, Ashley 10 | 4) Tripp, Cassie 10 |
| 9 ROCORI | 11:11.22 |
| 1) Young, Tara 10 | 2) Eskuri, Raija 9 |
| 3) Kotzer, Kristin 10 | 4) Nordstrom, Michaela 10 |
| 10 St. Cloud Tech | 11:11.54 |
| 1) Klaverkamp, Amanda 12 | 2) From, Breanna 9 |
| 3) Erickson, Emily 9 | 4) Young, Jennifer 12 |
| 11 St. Cloud Apollo | 11:45.28 |
| 1) Jolkovsky, Elizabeth 10 | 2) Giroux, Marie 9 |
| 3) Krause, Leah 11 | 4) Stock, Kayla 12 |

Event 3 Girls 100 Meter Hurdles

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Meet: % 15.03 5/4/2002 Emily Coborn, Cathedral
State: ? 14.50 1998 Lisa Ristau, Fairmont
National: ! 13.20 2000 Nicole Denby, Riverside John North CA
Name Year School Finals H#
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1 Bair, Maggie	11	Blaine	15.69	4
2 Jones, Bria	10	SLPSA	16.75	4
3 Schmitt, Sara	12	StCloudApollo	16.77	4
4 Prine, Abby	11	Monticello	16.85	4
5 Gray, Megan	12	St Cloud Tech	16.94	4
6 Williams, Kristen	12	Sartell	17.36	4
7 Cole, Alexa	11	Cathedral	17.42	3
8 Pitts, Samantha	9	Monticello	17.50	4
9 Rogosheske, Ann	12	StCloudApollo	17.55	3
10 Walsh, Shelbie	9	Litchfield	17.62	3

11	Whitney, Kari	12	SLPSA	17.64	3
12	Erkens, Jordan	11	Sartell	17.65	3
13	Wotzka, Rachel	10	SaukRpds-Ric	17.73	3
14	Kershaw, Ashley		Foley	17.87	4
15	Hoffert, Tasja	9	St Cloud Tech	17.95	2
16	Ohmann, Andrea	9	Blaine	18.10	2
17	Young, Amanda	11	Blaine	18.15	2
18	Jones, Erin	11	Centennial	18.21	3
19	Noll, Shana	10	SaukRpds-Ric	18.30	2
20	Hauck, Emmy	11	SaukRpds-Ric	18.32	2
21	Bollig, Brandi	9	Sartell	18.40	2
22	Rogosheske, Katherine	10	StCloudApollo	18.47	3
23	Totzke, Kelsey		Foley	18.81	1
23	Majkrzak, Natalie	12	Centennial	18.81	1
25	Whitney, Kirsten	8	SLPSA	18.82	1
26	Kjaer, Brooke		Foley	18.87	1
27	Nygaard, Lisa		Monticello	18.99	2
28	Halstrom, Bria	7	Cathedral	19.15	2
29	Cannon, Emma	10	Centennial	19.45	1
30	Benoit, Stephanie	11	St Cloud Tech	20.84	1

Event 5 Girls 100 Meter Dash

=====					
Meet:	% 12.36	5/3/2008	Caitlin Dhein, St Cloud Tech		
State:	? 11.73	1986	Heather Van Norman, Windom		
National:	! 11.14	1992	Marion Jones, Thousand Oaks - CA		
Name	Year	School	Finals	H#	
=====					
1	Krause, Bekkah	12	Centennial	12.99	5
2	Beckius, Diane	12	Albany	13.03	5
3	Murn, Clare	12	St Cloud Tech	13.06	5
4	Gapinski, Claire		Foley	13.14	5
5	Bjork, Kirsten	12	SaukRpds-Ric	13.26	5
6	Braun, Carly	12	SaukRpds-Ric	13.29	5
7	Kvidera, Tia	10	SLPSA	13.35	4
8	Wiener, Megan	9	Royalton	13.39	5
9	Bearson, Maddie	9	Sartell	13.41	4
10	Steinkamp, Brianna	11	Sartell	13.43	3
11	Gerzema, Katrina	12	Monticello	13.60	5
12	Boeckman, Jennifer	12	St Cloud Tech	13.63	4
13	Olson, Amber	11	Monticello	13.65	4
14	Schevenius, Laura	10	Centennial	13.66	4
15	Karngar, Melody	12	SLPSA	13.67	2
16	Lindquist, Rachel	10	SLPSA	13.68	4
17	Hawkins, Elizabeth	10	Blaine	13.68	4
18	Culp, Megan	10	Centennial	13.69	4
19	Brown, Emily	10	ROCORI	13.84	3
20	Landwehr, Heather		Foley	13.94	3
21	Krknjak, Melanie	12	Litchfield	13.98	3
22	Nelson, Katie	9	Blaine	14.03	3
23	Kalla, Molly	9	St Cloud Tech	14.16	3
24	Hunstiger, Kelsey	11	Sartell	14.26	3
25	Miller, Rebecca	9	StCloudApollo	14.35	2
26	Dimke, Sydney	9	Blaine	14.44	3
27	Schroeder, Erin	10	ROCORI	14.48	2
28	Lentner, Sarah	9	SaukRpds-Ric	14.86	2
29	Novak, Carly	9	Cathedral	15.11	2
30	Schleppenbach, Alexis	12	ROCORI	15.12	2
31	Chalupsky, Katie	12	Cathedral	15.17	1
32	Poganski, Brittney	11	Cathedral	15.27	1
33	Tiemann, Heather	9	Royalton	15.55	2
34	McCormic, Karly	12	Monticello	15.59	2
35	Zapf, Corin		Foley	16.02	1
36	Tschida, Bridget	9	Royalton	16.20	1

Event 7 Girls 4x200 Meter Relay

=====			
Meet: %	1:47.92	5/8/2004	Blaine, Blaine
			N Alaike, S Church, N Zachman, N Olheiser
State: ?	1:42.57	1981	Anoka East
National: !	1:36.70	1993	Carter - Texas
School			Finals H#
=====			
1 St. Cloud Tech			1:48.46 2
1) Klaverkamp, Kirsti 12		2) Stout, Erin 9	
3) Bailey, Rachel 10		4) Murn, Clare 12	
2 Spring Lake Park/St. Anthony V			1:49.50 2
1) Lindquist, Rachel 10		2) Jones, Bria 10	
3) Kvidera, Tia 10		4) Sinha, Anita 10	
3 Blaine			1:49.53 2
1) Hawkins, Elizabeth 10		2) Murphey, Nicole 11	
3) Pawllik, Hannah 10		4) Osborne, Leah 10	
4 Monticello			1:49.72 2
1) Olson, Amber 11		2) Blomberg, Kerry 12	
3) Gerzema, Katrina 12		4) Prine, Abby 11	
5 Sartell-St Stephen			1:50.07 2
1) Schleppebach, Dayna 12		2) Bollig, Brandi 9	
3) Schuchard, Haley 9		4) Nielson, Laura 9	
6 ROCORI			1:50.58 2
1) Helm, Kayti 12		2) Brown, Emily 10	
3) Traut, Briana 10		4) Heinen, Mandy 12	
7 Centennial High School			1:51.78 2
1) Schevenius, Laura 10		2) Krause, Bekkah 12	
3) Oldenburg, Breanna 12		4) Ernster, Maria 11	
8 Foley			1:54.25 1
1) Dahlquist, Kiah		2) Kershaw, Ashley	
3) Brown, Shawna		4) Totzke, Kelsey	
9 St. Cloud Cathedral			1:56.30 2
1) Tomporowski, Ann 12		2) Ramsdell, Christina 10	
3) Thibault, Nadine 10		4) Boettcher, Megan 12	
10 Litchfield			1:56.34 1
1) Birkemeyer, Hannah 8		2) Walsh, Hannah 11	
3) Wollin, Jamie 12		4) Euerle, Courtney 11	
11 Sauk Rapids-Rice			1:57.44 1
1) Henkemeyer, Ellie 8		2) Crawford, Amanda 12	
3) Noll, Shana 10		4) Patrias, Jessica 10	
12 St. Cloud Apollo			2:00.16 1
1) Krause, Leah 11		2) Stangler, Amanda 10	
3) Ploof, Alyssa 9		4) Miller, Rebecca 9	

Event 9 Girls 1600 Meter Run

=====			
Meet: %	5:11.18	5/8/2004	Beth Tacl, Cathedral
State: ?	4:48.79	1986	Jeanne Krukenberg, Blooming Praire
National: !	4:39.40	1985	Laura Matson, Bloomfield Hills - MI
Name	Year	School	Finals
=====			
1 Novascinski, Moriah	11	StCloudApollo	5:19.91
2 Kellerman, Hannah	11	Sartell	5:21.18
3 Brase, Kaylea	12	Centennial	5:25.34
4 Hereid, Tera	11	Blaine	5:37.44
5 Picard, Alexandra	9	SLPSA	5:38.98
6 Yetter, Hayli	11	Blaine	5:39.74
7 Heim, Krista	11	Sartell	5:40.31
8 Patterson, Kelly	10	Albany	5:42.23
9 Steele, Corinne	9	Monticello	5:42.62
10 Bohne, Briza		Centennial	5:43.92
11 Wurm, Kristin	9	St Cloud Tech	5:43.94
12 Kretschmer, Lexie		Centennial	5:45.00
13 Unger, Alyssa	9	Cathedral	5:46.97

14 King, Taylor	10 Blaine	5:48.72
15 Klaverkamp, Amanda	12 St Cloud Tech	5:58.97
16 Larson, Andrea	11 SLPSA	5:59.48
17 Cox, Kayla	12 Monticello	5:59.58
18 Curtis, Hallee	8 Cathedral	6:01.96
19 Schluenz, Lauren	11 Sartell	6:02.20
20 Packer, Kassandra	9 SLPSA	6:11.17
21 Brew, Brigid	7 Cathedral	6:15.65
22 Lyon, Ashley	Foley	6:24.38
23 Krause, Leah	11 StCloudApollo	6:35.23
24 Cunningham, Madeline	10 St Cloud Tech	6:36.53
25 Nordstrom, Michaela	10 ROCORI	6:41.21
26 Brewers, Gabby	8 SaukRpds-Ric	6:43.21
27 Kayfes, Ella	7 SaukRpds-Ric	6:52.81
28 Braun, Jackie	7 SaukRpds-Ric	6:57.66
29 Richardson, Rebecca	Foley	7:03.64
30 Hansen, Vittoria	12 Monticello	8:32.90

Event 11 Girls 4x100 Meter Relay

=====			
Meet: % 50.24	5/5/2007	St. Cloud Tech, Tech	
State: ? 48.50	1978	St Paul Central	
National: ! 44.70	1997	Playa Del Ray St. Bernard, CA	
School		Finals	H#
=====			
1 Sartell-St Stephen		50.65	2
1) Bearson, Maddie 9	2) Steinkamp, Brianna 11		
3) Schuchard, Haley 9	4) Riordan, Rose 12		
2 St. Cloud Tech		51.37	2
1) Boeckman, Jennifer 12	2) Stout, Erin 9		
3) Bailey, Rachel 10	4) Murn, Clare 12		
3 Spring Lake Park/St. Anthony V		52.08	2
1) Brown, MacKenzie 9	2) Kvidera, Tia 10		
3) Lindquist, Rachel 10	4) Sinha, Anita 10		
4 Sauk Rapids-Rice		52.13	2
1) Braun, Carly 12	2) Bjork, Kirsten 12		
3) Henkemeyer, Ellie 8	4) Wotzka, Rachel 10		
5 Foley		53.26	2
1) Gapinski, Claire	2) Brown, Shawna		
3) Petersen, JoJo	4) Pflipsen, Chelsey		
6 Blaine		53.29	2
1) Hawkins, Elizabeth 10	2) Nelson, Katie 9		
3) Seltz-Drew, Claire 10	4) Pawllick, Hannah 10		
7 St. Cloud Apollo		53.89	1
1) Schmitt, Sara 12	2) Rogosheske, Katherine 10		
3) Rogosheske, Ann 12	4) Midas, Chantel 10		
8 Monticello		53.96	2
1) Blomberg, Kerry 12	2) Gerzema, Katrina 12		
3) Khauv, Olivia 10	4) Olson, Amber 11		
9 Litchfield		54.54	1
1) Johnson, Anna 9	2) Wollin, Jamie 12		
3) Wittrock, Ashley 10	4) Walsh, Shelbie 9		
10 ROCORI		56.92	1
1) Helm, Kayti 12	2) Schleppenbach, Alexis 12		
3) Schroeder, Erin 10	4) Jones, Sophia 10		
11 St. Cloud Cathedral		56.94	1
1) Tomporowski, Ann 12	2) Novak, Carly 9		
3) Thibault, Nadine 10	4) Boettcher, Megan 12		
-- Centennial High School		DQ	1
1) Davis, Bekah 12	2) Kouba, Anna		
3) Huston, Megan 11	4) Ngongang, Vivian 11		

Event 13 Girls 400 Meter Dash

=====			
Meet: % 58.57	5/8/2004	Andrea Wahlin, Rocori	

State: ? 54.70 1995 Amber Affeldt, Coon Rapids
 National: ! 50.74 2000 Monique Henderson, Samuel F.B Morse CA

Name	Year	School	Finals	H#
1 Witschen, Mandy	11	Monticello	1:00.92	4
2 Murphey, Nicole	11	Blaine	1:01.65	4
3 Osborne, Leah	10	Blaine	1:02.99	4
4 Klaverkamp, Kirsti	12	St Cloud Tech	1:03.42	4
5 Schleppenbach, Dayna	12	Sartell	1:03.97	4
6 Gordhamer, Lauren	10	SLPSA	1:04.35	3
7 Jacobs, Melissa	11	Sartell	1:04.37	3
8 Heyl, Tannyr	10	Blaine	1:05.38	4
9 Roden, Angela	11	St Cloud Tech	1:05.78	3
10 Oldenburg, Breanna	12	Centennial	1:05.95	3
11 Job, Natalie	12	Monticello	1:06.41	3
12 Adu-Bobi, Pricilla	9	SLPSA	1:06.73	2
13 Culp, Megan	10	Centennial	1:07.15	4
14 Moline, Elizabeth	8	SaukRpds-Ric	1:07.40	2
15 Brenny, Kortney		Foley	1:07.43	3
16 Kreuger, Grace	10	St Cloud Tech	1:07.44	2
17 LaRoque, Jennie	10	Monticello	1:07.61	2
18 Dahlquist, Kiah		Foley	1:08.99	2
19 Ernster, Maria	11	Centennial	1:09.37	3
20 Grow, Tonya	9	Sartell	1:09.70	2
21 Golebiowski, Abby	9	Cathedral	1:10.07	1
22 Garrison, Heather	9	SaukRpds-Ric	1:10.88	1
23 Hesse, Desiree	9	ROCORI	1:11.15	2
24 Lange, Hallie	9	Cathedral	1:12.41	1
25 Unger, Natalie	12	Cathedral	1:12.75	1
26 Hansmeier, Joy		Foley	1:17.93	1

Event 15 Girls 300 Meter Hurdles

Meet: % 45.46 5/8/2004 Abby Lien, Cathedral
 State: ? 42.62 1987 Lisa Brateng, Roseau
 National: ! 39.98 2001 Lasha Demus, Long Beach Wilson CA

Name	Year	School	Finals	H#
1 Bair, Maggie	11	Blaine	48.03	4
2 Gray, Megan	12	St Cloud Tech	48.07	4
3 Jones, Bria	10	SLPSA	50.39	4
4 Wotzka, Rachel	10	SaukRpds-Ric	50.94	3
5 Whitney, Kari	12	SLPSA	51.19	4
6 Whitney, Andrea	11	Sartell	51.45	3
7 Helm, Kayti	12	ROCORI	51.56	4
8 Whitney, Kirsten	8	SLPSA	51.62	4
9 Pitts, Samantha	9	Monticello	51.87	3
10 Jones, Erin	11	Centennial	51.98	4
11 Williams, Kristen	12	Sartell	52.11	4
12 Benoit, Arielle	11	St Cloud Tech	52.27	3
13 Walsh, Shelbie	9	Litchfield	52.31	3
14 Majkrzak, Natalie	12	Centennial	52.76	3
15 Erkens, Jordan	11	Sartell	53.51	2
16 Wollin, Jamie	12	Litchfield	53.75	3
17 Noll, Shana	10	SaukRpds-Ric	53.78	2
18 Young, Amanda	11	Blaine	54.06	3
19 Cole, Alexa	11	Cathedral	54.71	2
20 Ohmann, Andrea	9	Blaine	54.85	2
21 Maus, Casey	9	Monticello	55.50	1
22 Cannon, Emma	10	Centennial	55.81	2
23 Anderson, Alyssa	11	SaukRpds-Ric	56.10	2
24 Hoffert, Tasja	9	St Cloud Tech	56.72	2
25 Halstrom, Bria	7	Cathedral	57.06	2
26 Wittwer, Josephine		Foley	58.93	1
27 Nygaard, Lisa		Monticello	59.35	1

28 Carlson, Kylie 11 StCloudApollo 59.46 1

Event 17 Girls 800 Meter Run

=====			
Meet: %	2:19.60	5/3/2003	Andrea Wahlin, Rocori
State: ?	2:08.77	1986	Jeanne Krukenberg, Blooming Praire
National: !	2:04.5h	1980	Joetta Clark, Columbia NJ
Name	Year	School	Finals
=====			
1	Novascinski, Moriah	11 StCloudApollo	2:27.46
2	Kellerman, Hannah	11 Sartell	2:27.48
3	Reiland, Holly	12 SLPSA	2:28.68
4	Bowler, Sarah	11 Centennial	2:28.84
5	Haider, Ashton	8 Sartell	2:32.52
6	Holschbach, Kelsey	12 Blaine	2:34.41
7	Rengel, Allie	10 Sartell	2:34.91
8	Heine, Anna	11 St Cloud Tech	2:35.20
9	Arechigo, Hillary	9 Monticello	2:35.35
10	Patterson, Kelly	10 Albany	2:36.10
11	Harper, Erin	9 Blaine	2:36.10
12	Tessier, Kirstie	12 Monticello	2:37.00
13	Solberg, Kaila	12 Centennial	2:37.41
14	Wurm, Kristin	9 St Cloud Tech	2:37.46
15	Walsh, Greta	8 Litchfield	2:38.03
16	Curtis, Hallee	8 Cathedral	2:39.44
17	Euerle, Angie	12 Litchfield	2:40.37
18	Jaskela, Meagan	11 SLPSA	2:40.83
19	Christan, Devyn	10 SLPSA	2:41.12
20	Anderson, Amy	Foley	2:41.67
21	Katke, Kelsey	Foley	2:42.66
22	Jolkovsky, Elizabeth	10 StCloudApollo	2:43.31
23	Braun, Alyssa	8 Albany	2:44.08
24	Kissell, Jenna	11 Centennial	2:44.81
25	Yelle, Heather	8 Cathedral	2:46.77
26	Christensen, Heidi	12 Monticello	2:49.07
27	Johnson, Cherry	12 Blaine	2:50.25
28	Kotzer, Kristin	10 ROCORI	2:50.73
29	Friedrich, Brittany	9 SaukRpds-Ric	2:52.96
30	Erickson, Emily	9 St Cloud Tech	2:53.03
31	Martinez, Brittany	10 Royalton	2:56.97
32	Stock, Kayla	12 StCloudApollo	2:57.38
33	Saehr, Erin	11 Cathedral	3:00.33
34	Schmitt, Katie	9 Royalton	3:01.57
35	Ostendorf, Tasha	12 SaukRpds-Ric	3:03.05
36	Herranen, Carrie	Foley	3:13.80

Event 19 Girls 200 Meter Dash

=====				
Meet: %	25.92	5/4/1996	Holly Gondeck, Foley	
State: ?	24.29	1986	Heather Van Norman, Windom	
National: !	22.67	1992	Marion Jones, Thousand Oaks - CA	
Name	Year	School	Finals	H#
=====				
1	Murphey, Nicole	11 Blaine	26.69	5
2	Gapinski, Claire	Foley	27.06	5
3	Krause, Bekkah	12 Centennial	27.21	5
4	Sinha, Anita	10 SLPSA	27.55	5
5	Midas, Chantel	10 StCloudApollo	27.57	5
6	Bjork, Kirsten	12 SaukRpds-Ric	27.84	5
7	Bearson, Maddie	9 Sartell	28.08	4
8	Brown, MacKenzie	9 SLPSA	28.22	4
9	Wiener, Megan	9 Royalton	28.31	4
10	Christensen, Amanda	12 Albany	28.39	4
11	Braun, Carly	12 SaukRpds-Ric	28.57	4
12	Pawllik, Hannah	10 Blaine	28.61	3

13 Nelson, Katie	9 Blaine	28.75	4
14 Krknjak, Melanie	12 Litchfield	28.91	3
15 Boeckman, Jennifer	12 St Cloud Tech	28.92	4
16 Thibault, Nadine	10 Cathedral	29.06	3
17 Henkemeyer, Ellie	8 SaukRpds-Ric	29.21	3
18 Tomporowski, Ann	12 Cathedral	29.29	3
19 Landwehr, Heather	Foley	29.35	2
20 Wagner, Kyla	12 Sartell	29.46	2
21 Miller, Rebecca	9 StCloudApollo	29.62	3
22 Lindell, Kayla	9 ROCORI	29.66	3
23 Felber, Rachel	10 Monticello	29.75	2
24 Kouba, Anna	Centennial	29.78	2
25 Miller, Amanda	12 St Cloud Tech	29.93	2
26 Hunstiger, Kelsey	11 Sartell	30.00	2
27 Khauv, Olivia	10 Monticello	30.47	3
28 Adu-Bobi, Pricilla	9 SLPSA	30.64	2
29 Carlson, Kylie	11 StCloudApollo	31.83	2
30 Poganski, Brittney	11 Cathedral	32.69	1
31 Hansmeier, Joy	Foley	33.22	1
32 Tiemann, Heather	9 Royalton	33.76	1
33 Holte, Rachel	10 Monticello	35.11	1

Event 21 Girls 3200 Meter Run

Meet: % 11:04.80	5/8/2004	Beth Tacl, Cathedral
State: ? 10:30.28	1994	Carrie Tollefson, Lac Qui Parle
National: ! 9:48.59	1996	Kimberly Mortensen, Thousand Oaks - CA
Name	Year School	Finals

1 Peterson, Heidi	11 Sartell	11:32.81
2 Seidenkranz, Erica	9 Monticello	11:41.99
3 Danielson, Greta	9 Cathedral	11:47.21
4 Danielson, Elena	8 Cathedral	11:54.72
5 Seidenkranz, Amber	Monticello	12:04.47
6 Brase, Kaylea	12 Centennial	12:18.39
7 Hereid, Tera	11 Blaine	12:21.45
8 Hoff, Katie	7 SLPSA	12:27.47
9 Anderson, Ali	12 Sartell	12:28.88
10 Heim, Krista	11 Sartell	12:30.46
11 Stoick, Amber	9 Monticello	12:32.71
12 Bates, Kirsten	10 Albany	12:32.95
13 Loveland, Allison	10 Centennial	12:44.35
14 Caspers, Jillian	10 Albany	12:56.92
15 Armstrong, Alicia	10 SaukRpds-Ric	13:09.43
16 Benson, Natalie	11 Centennial	13:14.84
17 Cunningham, Flannery	12 St Cloud Tech	13:20.63
18 Null, Maria	8 St Cloud Tech	13:21.47
19 From, Breanna	9 St Cloud Tech	13:29.13
20 Eskuri, Raija	9 ROCORI	13:34.92
21 Parizek, Kristen	9 SLPSA	13:36.26
22 Frjl, Adisa	9 Blaine	13:41.47

Event 23 Girls 4x400 Meter Relay

Meet: % 4:05.13	5/8/2004	St. Cloud Tech, Tech
		J Fark, N McGowan, K Stout, K Fruth
State: ? 3:54.34	1989	Little Falls
National: ! 3:35.72	2001	Long Beach Wilson, CA
School		Finals H#

1 St. Cloud Tech	4:12.57	2
1) Klaverkamp, Kirsti 12	2) Stout, Erin 9	
3) Bailey, Rachel 10	4) Gray, Megan 12	
2 Blaine	4:19.81	2
1) Young, Amanda 11	2) Osborne, Leah 10	

3) Heyl, Tannyr 10	4) Bair, Maggie 11		
3 Sartell-St Stephen		4:21.09	2
1) Schleppebach, Dayna 12	2) Jacobs, Melissa 11		
3) Kellerman, Hannah 11	4) Schuchard, Haley 9		
4 Spring Lake Park/St. Anthony V		4:23.59	2
1) Whitney, Kirsten 8	2) Trappen, Lindsay 9		
3) Reiland, Holly 12	4) Gordhamer, Lauren 10		
5 St. Cloud Apollo		4:24.44	1
1) Midas, Chantel 10	2) Rogosheske, Ann 12		
3) Jolkovsky, Elizabeth 10	4) Novascinski, Moriah 11		
6 Centennial High School		4:25.02	2
1) Bowler, Sarah 11	2) Bilderback, Kayla 10		
3) Culp, Megan 10	4) Oldenburg, Breanna 12		
7 ROCORI		4:32.08	2
1) Young, Tara 10	2) Brown, Emily 10		
3) Kotzer, Kristin 10	4) Hesse, Desiree 9		
8 St. Cloud Cathedral		4:32.17	1
1)	2) Yelle, Heather 8		
3) Unger, Alyssa 9	4) Greeney, Sam 11		
9 Foley		4:35.41	2
1) Brown, Shawna	2) Brenny, Kortney		
3) Katke, Kelsey	4) Wendt, Jordyn		
10 Monticello		4:40.19	2
1) Job, Natalie 12	2) LaRoque, Jennie 10		
3) Pitts, Samantha 9	4) Tessier, Kirstie 12		
11 Sauk Rapids-Rice		4:42.56	1
1) Crawford, Amanda 12	2) Moline, Elizabeth 8		
3) Tripp, Cassie 10	4) Anderson, Alyssa 11		

Event 25 Girls High Jump

=====
 Meet: % 5-08.25 5/8/2004 Natalie Devine, Litchfield
 State: ? 5-10.25 Andrea Jeseritz, Hutchinson
 National: ! 6-03 1992 Amy Acuff - CA, Corpus Christi Calallen
 Name Year School Finals
 =====

1 Whitney, Andrea	11 Sartell	5-04.00
2 Nielson, Laura	9 Sartell	J5-04.00
3 Lambertson, Megan	12 Litchfield	5-03.00
4 Stangler, Amanda	10 StCloudApollo	5-01.00
5 Miller, Moriah	12 Centennial	5-00.00
6 Whitney, Kari	12 SLPSA	4-10.00
7 LaRoque, Jennie	10 Monticello	J4-10.00
8 Trappen, Lindsay	9 SLPSA	J4-10.00
8 Rogosheske, Katherine	10 StCloudApollo	J4-10.00
10 Bilderback, Kayla	10 Centennial	J4-10.00
11 Witschen, Mandy	11 Monticello	4-07.00
11 Lindenfelser, Morgan	9 Monticello	4-07.00
11 Lindell, Kayla	9 ROCORI	4-07.00
11 Brown, Emily	10 ROCORI	4-07.00
11 Jones, Bria	10 SLPSA	4-07.00
11 Young, Amanda	11 Blaine	4-07.00
17 Kirby, Kristina	Centennial	4-03.00
17 Dahlquist, Kiah	Foley	4-03.00
17 Rogers, Hannah	10 Blaine	4-03.00
17 Heine, Anna	11 St Cloud Tech	4-03.00
17 Wittrock, Ashley	10 Litchfield	4-03.00
17 Laudenschmidt, Amanda	10 St Cloud Tech	4-03.00
17 Rothstein, Shalon	12 Albany	4-03.00
17 Anderson, Alyssa	11 SaukRpds-Ric	4-03.00
17 Guetter, Haley	9 Sartell	4-03.00
17 Klaben, Kristen	8 Litchfield	4-03.00
-- Boettcher, Emily	10 Cathedral	NH
-- Ploof, Alyssa	9 StCloudApollo	NH
-- Hirdler, Sheyenne	Foley	NH

-- Klaverkamp, Kirsti	12	St Cloud Tech	NH
-- Chalupsky, Katie	12	Cathedral	NH
-- Ebeltoft, Kortney	10	Blaine	NH

Event 27 Girls Pole Vault

=====			
Meet: %	12-03	5/6/2000	Michelle Legatt, Sartell
State: ?	13-04	2000	Stacie Manuel, Willmar
National: !	13-08	2001	Shayla Balentine, Morro Bay CA
Name	Year	School	Finals
=====			
1 Pflipsen, Chelsey		Foley	10-04.00
2 Braun, Carly	12	SaukRpds-Ric	9-04.00
3 Johnson, Anna	9	Litchfield	J9-04.00
4 Riordan, Rose	12	Sartell	8-10.00
5 Heine, Anna	11	St Cloud Tech	J8-10.00
6 Hauck, Emmy	11	SaukRpds-Ric	J8-10.00
7 Osterheim, Hannah	10	Blaine	J8-10.00
8 Bair, Maggie	11	Blaine	8-04.00
8 Walsh, Shelbie	9	Litchfield	8-04.00
8 Young, Tara	10	ROCORI	8-04.00
11 Whitney, Kirsten	8	SLPSA	J8-04.00
11 Cox, Karlee	11	Monticello	J8-04.00
13 Seltz-Drew, Claire	10	Blaine	7-08.00
13 LaFontaine, Emily	10	StCloudApollo	7-08.00
13 Wittwer, Josephine		Foley	7-08.00
13 Prine, Abby	11	Monticello	7-08.00
13 Culp, Megan	10	Centennial	7-08.00
18 McDermond-Spiess, Nikki	12	Centennial	7-00.00
18 Barron, Angie	12	Centennial	7-00.00
18 Theisen, Nikki	11	Sartell	7-00.00
-- Benoit, Stephanie	11	St Cloud Tech	NH
-- Kalla, Molly	9	St Cloud Tech	NH
-- Hesse, Desiree	9	ROCORI	NH
-- Schleppebach, Dayna	12	Sartell	NH
-- LaJoie, Jordan	11	Monticello	NH
-- Heinen, Mandy	12	ROCORI	NH

Event 29 Girls Long Jump

=====			
Meet: %	17-10	5/7/2005	Bri Plombon, Sartell
State: ?	19-01.75		Cindy Bethany, Mounds View
National: !	22-01.75	1976	Kathy McMillan, Hoke County NC
Name	Year	School	Finals
=====			
1 Murphey, Nicole	11	Blaine	17-07.75
2 Bilderback, Kayla	10	Centennial	17-06.75
3 Murn, Clare	12	St Cloud Tech	16-06.50
4 Bjork, Kirsten	12	SaukRpds-Ric	16-04.25
5 Schmitt, Sara	12	StCloudApollo	16-02.75
6 Beckius, Diane	12	Albany	15-11.50
7 Bearson, Maddie	9	Sartell	J15-11.50
8 Blomberg, Kerry	12	Monticello	J15-11.50
9 Midas, Chantel	10	StCloudApollo	15-11.25
10 Wiener, Megan	9	Royalton	15-10.50
11 Gerzema, Katrina	12	Monticello	15-10.00
12 Kvidera, Tia	10	SLPSA	15-09.00
13 Wagner, Kyla	12	Sartell	15-08.75
14 Osborne, Leah	10	Blaine	15-05.25
15 Petersen, JoJo		Foley	15-04.75
16 Walsh, Hannah	11	Litchfield	15-04.00
17 Witschen, Mandy	11	Monticello	15-02.00
18 Berglund, Hannah	11	Litchfield	15-00.00
19 Miller, Moriah	12	Centennial	14-06.75
20 Walker, Sara	10	Centennial	14-04.00

21	Rozmark, Taylor	9	Blaine	14-02.75
22	Helm, Kayti	12	ROCORI	14-02.50
23	Crawford, Amanda	12	SaukRpds-Ric	14-02.25
24	Kershaw, Ashley		Foley	13-08.75
25	Hoffert, Tasja	9	St Cloud Tech	13-06.25
26	Trappen, Lindsay	9	SLPSA	13-05.50
27	Hunstiger, Kelsey	11	Sartell	13-05.25
28	Sinha, Anita	10	SLPSA	13-04.25
29	Chalupsky, Katie	12	Cathedral	13-00.00
30	Euerle, Courtney	11	Litchfield	12-11.50
30	Novak, Carly	9	Cathedral	12-11.50
32	Novascinski, Moriah	11	StCloudApollo	12-08.00
33	Bonati, Skye		Foley	12-04.25
34	Patrias, Jessica	10	SaukRpds-Ric	12-02.00
35	Tschida, Bridget	9	Royalton	11-11.00
36	Benoit, Arielle	11	St Cloud Tech	11-10.25
37	Jones, Sophia	10	ROCORI	11-06.50

Event 31 Girls Triple Jump

=====
 Meet: % 37-00 5/8/2004 Natalie Devine, Litchfield
 State: ? 39-05.50 2000 Jumoke Alowonle, Park Cottage Grove
 National: ! 44-02.25 2001 Ychcindria Spears, Luling Texas
 Name Year School Finals
 =====

1	Whitney, Andrea	11	Sartell	35-10.25
2	Bilderback, Kayla	10	Centennial	35-06.25
3	Dimke, Sydney	9	Blaine	34-09.00
4	Petersen, JoJo		Foley	33-08.50
5	Blomberg, Kerry	12	Monticello	33-07.00
6	Truong, Mylene	12	SLPSA	33-06.00
7	Berglund, Hannah	11	Litchfield	33-05.50
8	Eckman, Erin	12	SLPSA	33-05.25
9	Hawkins, Elizabeth	10	Blaine	33-04.75
10	Wagner, Kyla	12	Sartell	33-03.50
11	Gray, Megan	12	St Cloud Tech	32-11.25
12	Whitney, Kari	12	SLPSA	32-09.50
13	Walsh, Hannah	11	Litchfield	32-09.00
14	Wotzka, Rachel	10	SaukRpds-Ric	32-06.00
15	Crawford, Amanda	12	SaukRpds-Ric	32-04.75
16	Rogosheske, Ann	12	StCloudApollo	31-06.75
17	Schmitt, Sara	12	StCloudApollo	31-05.75
17	Boeckman, Jennifer	12	St Cloud Tech	31-05.75
19	Wylie, Paxton	9	Blaine	31-04.50
19	Wiener, Megan	9	Royalton	31-04.50
21	Jacobs, Melissa	11	Sartell	31-01.50
22	Crocker, Nicole	10	Centennial	29-06.25
23	Kjaer, Brooke		Foley	29-03.00
23	Klaben, Kristen	8	Litchfield	29-03.00
25	Pitts, Samantha	9	Monticello	28-11.00
26	Pflipsen, Chelsey		Foley	28-10.00
27	Noll, Shana	10	SaukRpds-Ric	28-07.75
28	Greeney, Sam	11	Cathedral	28-06.75
29	Walker, Sara	10	Centennial	28-02.50
30	Stainbrook, Ashley	9	Cathedral	26-10.00
31	Miller, Amanda	12	St Cloud Tech	26-08.50
32	Lindenfelser, Morgan	9	Monticello	26-05.75

Event 33 Girls Discus Throw

=====
 Meet: % 136-10 5/7/1994 Chantoil Walter, Monticello
 State: ? 158-02 1988 Kristi Oleen, Blaine
 National: ! 188-04 1994 Suzy Powell, Thomas Downey CA
 Name Year School Prelims
 =====

Preliminaries

1 Culp, Becky	12 Centennial	122-07q
2 Gorackowski, Abby	11 Litchfield	115-02q
3 Stafford, Britney	10 SLPSA	102-00q
4 Miko, Gizella	12 SLPSA	99-11q
5 Krumme, Paige	11 SLPSA	99-01q
6 Goebel, Ashley	11 Albany	93-10q
7 Cardinal, Cassandra	Foley	92-07q
8 Gillund, Tracie	12 Blaine	92-05q
9 McCarthy, Tina	10 Litchfield	87-06q
10 Nielson, Laura	9 Sartell	87-04q
11 Meyer, Kjersten	9 Litchfield	87-01
12 Preusser, Rebecca	12 St Cloud Tech	86-09
13 Null, Elizabeth	12 St Cloud Tech	83-10
14 Ngongong, Tatiana	Centennial	83-07
15 Wilson, Tara	11 Monticello	76-10
16 Morford, Kelly	10 St Cloud Tech	76-07
17 Tschida, Shannon	12 StCloudApollo	75-04
18 King, Marissa	10 Blaine	75-01
19 Shipman, Brittney	11 Monticello	74-05
20 Ernst, Samantha	Foley	73-03
21 Johnston, Trysha	12 Blaine	72-04
22 Lupkes, Tiffany	9 SaukRpds-Ric	71-00
23 Kiekow, Kelsie	10 SaukRpds-Ric	70-02
24 Holker, Susan	10 Monticello	69-03
25 Scapanski, Chelsey	Foley	68-02
26 Ramsdell, Christina	10 Cathedral	67-06
27 Schaller, Patrice	11 StCloudApollo	66-08
27 Hauer, Kayla	11 Sartell	66-08
29 Holmberg, Margaret	11 StCloudApollo	65-04
30 Uecker, Jenna	9 Sartell	64-02
31 Waletzko, Stephanie	9 Cathedral	58-06
32 Trettel, Bethany	9 Royalton	57-02
33 Braun, Tina	11 Cathedral	52-00
34 Tiemann, Heather	9 Royalton	42-07

Event 33 Girls Discus Throw

=====			
Meet: % 136-10	5/7/1994	Chantoil Walter, Monticello	
State: ? 158-02	1988	Kristi Oleen, Blaine	
National: ! 188-04	1994	Suzy Powell, Thomas Downey CA	
Name	Year	School	Finals
=====			

Finals

1 Culp, Becky	12 Centennial	122-07
2 Gorackowski, Abby	11 Litchfield	115-02
3 Miko, Gizella	12 SLPSA	108-09
4 Gillund, Tracie	12 Blaine	102-02
5 Stafford, Britney	10 SLPSA	102-00
6 Krumme, Paige	11 SLPSA	99-01
7 Goebel, Ashley	11 Albany	93-10
8 Cardinal, Cassandra	Foley	92-07
9 McCarthy, Tina	10 Litchfield	87-06
10 Nielson, Laura	9 Sartell	87-04

Preliminaries

11 Meyer, Kjersten	9 Litchfield
12 Preusser, Rebecca	12 St Cloud Tech
13 Null, Elizabeth	12 St Cloud Tech
14 Ngongong, Tatiana	Centennial
15 Wilson, Tara	11 Monticello
16 Morford, Kelly	10 St Cloud Tech
17 Tschida, Shannon	12 StCloudApollo
18 King, Marissa	10 Blaine
19 Shipman, Brittney	11 Monticello
20 Ernst, Samantha	Foley

21 Johnston, Trysha	12 Blaine
22 Lupkes, Tiffany	9 SaukRpds-Ric
23 Kiekow, Kelsie	10 SaukRpds-Ric
24 Holker, Susan	10 Monticello
25 Scapanski, Chelsey	Foley
26 Ramsdell, Christina	10 Cathedral
27 Schaller, Patrice	11 StCloudApollo
27 Hauer, Kayla	11 Sartell
29 Holmberg, Margaret	11 StCloudApollo
30 Uecker, Jenna	9 Sartell
31 Waletzko, Stephanie	9 Cathedral
32 Trettel, Bethany	9 Royalton
33 Braun, Tina	11 Cathedral
34 Tiemann, Heather	9 Royalton

Event 35 Girls Shot Put

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=====
Meet: % 44-04 5/5/2001 Kortney Ihnen, Foley
State: ? 49-02.25 2001 Lisa Podominick, Lakeville
National: ! 53-07.75 1983 Natalie Kaaiawahia, Fullerton Union CA
Name Year School Prelims
=====
1 Gorackowski, Abby 11 Litchfield 40-11.75q
2 Culp, Becky 12 Centennial 37-02.00q
3 Gillund, Tracie 12 Blaine 35-06.75q
4 Cardinal, Cassandra Foley 33-07.75q
5 Miko, Gizella 12 SLPSA 33-06.00q
6 Johnston, Trysha 12 Blaine 33-01.00q
7 Vossen, Crystal 10 Litchfield 32-11.25q
8 Morford, Kelly 10 St Cloud Tech 32-08.50q
9 Schilling, Jordan 10 Litchfield 30-11.50q
10 Wallenbecker, Krystina 10 Blaine 30-11.00
11 Nielson, Laura 9 Sartell 30-06.50
12 Brown, Shawna Foley 30-04.00
13 Krumme, Paige 11 SLPSA 30-02.75
14 Boettcher, Emily 10 Cathedral 30-00.50
15 Ngongong, Tatiania Centennial 29-10.00
16 Stafford, Britney 10 SLPSA 29-03.25
17 Holker, Susan 10 Monticello 28-08.50
18 Stegura, Samantha 10 StCloudApollo 28-04.50
19 Ostendorf, Tasha 12 SaukRpds-Ric 28-03.25
20 Greeney, Sam 11 Cathedral 27-06.50
21 Wilson, Tara 11 Monticello 27-04.00
22 Lentz, Melissa 10 Sartell 26-08.25
23 Preusser, Rebecca 12 St Cloud Tech 26-04.25
24 Waletzko, Stephanie 9 Cathedral 25-06.75
25 Plombon, Jayme 11 Sartell 25-04.75
26 Bellmont, Vanessa 9 StCloudApollo 25-02.00
27 Schmitt, Katie 9 Royalton 25-01.75
28 Kiekow, Kelsie 10 SaukRpds-Ric 24-08.50
29 Montray, Kirsten 10 Monticello 23-05.00
30 Rinkenberger, Martina 12 St Cloud Tech 23-03.25
31 Trettel, Bethany 9 Royalton 22-11.50
32 Hughes, Emily Foley 21-10.75
33 Umerski, Alexandra 11 SaukRpds-Ric 21-09.00
34 Tiemann, Heather 9 Royalton 20-08.75
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Event 35 Girls Shot Put

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Meet: % 44-04 5/5/2001 Kortney Ihnen, Foley
State: ? 49-02.25 2001 Lisa Podominick, Lakeville
National: ! 53-07.75 1983 Natalie Kaaiawahia, Fullerton Union CA
Name Year School Finals
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Finals

1 Gorackowski, Abby	11 Litchfield	41-06.50
2 Culp, Becky	12 Centennial	37-02.00
3 Gillund, Tracie	12 Blaine	36-11.75
4 Vossen, Crystal	10 Litchfield	33-10.50
5 Cardinal, Cassandra	Foley	33-07.75
6 Miko, Gizella	12 SLPSA	33-06.00
7 Morford, Kelly	10 St Cloud Tech	33-03.00
8 Johnston, Trysha	12 Blaine	33-01.25
9 Schilling, Jordan	10 Litchfield	31-08.00

Preliminaries

10 Wallenbecker, Krystina	10 Blaine
11 Nielson, Laura	9 Sartell
12 Brown, Shawna	Foley
13 Krumme, Paige	11 SLPSA
14 Boettcher, Emily	10 Cathedral
15 Ngongong, Tatiania	Centennial
16 Stafford, Britney	10 SLPSA
17 Holker, Susan	10 Monticello
18 Stegura, Samantha	10 StCloudApollo
19 Ostendorf, Tasha	12 SaukRpds-Ric
20 Greeney, Sam	11 Cathedral
21 Wilson, Tara	11 Monticello
22 Lentz, Melissa	10 Sartell
23 Preusser, Rebecca	12 St Cloud Tech
24 Waletzko, Stephanie	9 Cathedral
25 Plombon, Jayme	11 Sartell
26 Bellmont, Vanessa	9 StCloudApollo
27 Schmitt, Katie	9 Royalton
28 Kiekow, Kelsie	10 SaukRpds-Ric
29 Montray, Kirsten	10 Monticello
30 Rinckenberger, Martina	12 St Cloud Tech
31 Trettel, Bethany	9 Royalton
32 Hughes, Emily	Foley
33 Umerski, Alexandra	11 SaukRpds-Ric
34 Tiemann, Heather	9 Royalton

Women - Team Rankings - 18 Events Scored

=====			
1) Sartell-St Stephen	111	2) Blaine	108.33
3) Spring Lake Park/St. Antho	88.50	4) Centennial High School	77
5) St. Cloud Tech	64	6) Monticello	51
7) St. Cloud Apollo	45.50	8) Foley	40
9) Litchfield	37.33	10) Sauk Rapids-Rice	37
11) St. Cloud Cathedral	20	12) Albany	14
13) ROCORI	7.33	14) Royalton	1

Men - Team Rankings - 18 Events Scored

=====			
1) Blaine High School	131.33	2) Sartell-St Stephen	93
3) Centennial High School	82.66	4) St. Cloud Tech	80
5) Sauk Rapids-Rice	65	6) Foley	58
7) Spring Lake Park/St. Antho	55	8) Monticello HS	42
9) St. Cloud Apollo	31	10) St. Cloud Cathedral	24
11) Litchfield	22	12) Albany	10
13) ROCORI	8		