

TECH GIRLS' TRACK AND FIELD **VARSITY LETTERING CRITERIA**

ACADEMIC (10 points possible):

- Earn a G.P.A. of 3.5 or higher for fourth quarter = 4 points
- Earn Academic All-Conference = 3 points
- Earn Academic All-State = 3 points

TEAM LOYALTY AND CHARACTER (20 points possible):

- Attend Pre-Season Parent Meeting = 2 points
- Participate in at least one team fundraiser = 2 points
- Perfect practice attendance (From April 10th on) = 6 points
- Miss 2 or fewer practices (From April 10th on) = 2 points
- Turn in uniform prior to end of season banquet = 3 points
- Treat fellow teammates, coaching staff and competitors with respect = 5 points

PERFORMANCE (20 points possible):

- Run in any varsity-only outdoor meet = 1 point each (5 possible)
- Earn All-Conference honors = 2 points
- Earn All-Conference Honorable Mention = 1 point
- Qualify for MN State Honor Roll = 1 point
- Qualify for Sections = 2 points
- Qualify for State = 3 points
- Earn All-State Honors = 4 points
- Set a new school record = 2 points

POINT LOSS CRITERIA:

- Missing practice (April 10th or later) for *ANY* reason = -1 point each
- Not being supportive of teammates at meets = -2 points each
- Being disrespectful in any way of teammates, coaching staff or fellow competitors = -5 points each
- Not turning in uniform by end of season banquet = -10 points

MISC. INFORMATION:

- In order to earn a ***VARSITY*** letter, you must be in good academic standing, be a part of our team through the end of your season, and earn a MINIMUM of 25 points through our point system.
- In order to earn a ***PARTICIPATION*** award, you must be in good academic standing, be a part of our team through the end of your season, and earn a minimum of 15 points through our point system.
- The coaching staff has the right to deny any athlete a letter based on poor sports-like behavior, disrespectful behavior, or conduct that displays a lack of team loyalty.