

# CENTRAL LAKES CONFERENCE

## 2006 MEET SCHEDULE

### FIELD EVENTS:

GIRLS' LONG JUMP	3:00	BOYS' LONG JUMP	5:30
BOYS' TRIPLE JUMP	3:00	GIRLS' TRIPLE JUMP	5:30
GIRLS' POLE VAULT	3:00	BOYS' POLE VAULT	30min after girls
GIRLS' HIGH JUMP	3:00	BOYS' HIGH JUMP	5:30
BOYS' SHOT PUT	3:00	GIRLS' SHOT PUT	5:30
GIRLS' DISCUS	3:00	BOYS' DISCUS	5:30

### RUNNING EVENTS: (fast heat last)

<b>3:15</b>	GIRLS 4X800 RELAY FINAL	1 HEAT
	BOYS 4X800 RELAY FINAL	1 HEAT
<b>3:45</b>	GIRLS 100 METER HURDLE FINAL	4 HEATS
	BOYS 110 METER HURDLE FINAL	4 HEATS
<b>4:15</b>	GIRLS 100 METER DASH FINAL	4 HEATS
	BOYS 100 METER DASH FINAL	4 HEATS
<b>4:45</b>	GIRLS 4X200 METER RELAY FINAL	2 HEATS
	BOYS 4X200 METER RELAY FINAL	2 HEATS
<b>5:10</b>	GIRLS 1600 METER RUN FINAL	2 HEATS
	BOYS 1600 METER RUN FINAL	2 HEATS
<b>5:50</b>	GIRLS 4X100 METER RELAY FINAL	2 HEATS
	BOYS 4X100 METER RELAY FINAL	2 HEATS
<b>6:10</b>	GIRLS 400 METER DASH FINAL	4 HEATS
	BOYS 400 METER DASH FINAL	4 HEATS
<b>6:35</b>	GIRLS 300 METER HURDLES FINAL	4 HEATS
	BOYS 300 METER HURDLES FINAL	4 HEATS
<b>7:00</b>	GIRLS 800 METER HURDLES FINAL	2 HEATS
	BOYS 800 METER HURDLES FINAL	2 HEATS
<b>7:20</b>	GIRLS 200 METER DASH FINAL	4 HEATS
	BOYS 200 METER DASH FINAL	4 HEATS
<b>7:50</b>	GIRLS 3200 METER RUN FINAL	1 HEAT
	BOYS 3200 METER RUN FINAL	1 HEAT
<b>8:20</b>	GIRLS 4X400 METER RELAY FINAL	2 HEATS
	BOYS 4x400 METER RELAY FINAL	2 HEATS