

CENTRAL LAKES CONFERENCE CHAMPIONSHIPS
2008 MEET SCHEDULE

Coaches Meeting 2:00

FIELD EVENTS:

Girls' Long Jump	2:30	Boys' Long Jump	5:00
Boys' Triple Jump	2:30	Girls' Triple Jump	5:00
Girls' Pole Vault	2:30	Boys' Pole Vault	30 minutes after girls
Girls' High Jump	2:30	Boys' High Jump	5:00
Boys' Shot Put	2:30	Girls' Shot Put	5:00
Girls' Discus	2:30	Boys' Discus	5:00

RUNNING EVENTS: (Fast Heat Last)

2:45	Girls 4x800m Relay Final	1 Heat
	Boys 4x800m Relay Final	1 Heat
3:15	Girls 100m Hurdle Final	4 Heats
	Boys 110m Hurdle Final	4 Heats
3:45	Girls 100m Dash Final	4 Heats
	Boys 100m Dash Final	4 Heats
4:15	Girls 4x200m Relay Final	2 Heats
	Boys 4x200m Relay Final	2 Heats
4:35	Girls 1600m Run Final	2 Heats
	Boys 1600m Run Final	2 Heats
5:15	Girls 4x100m Relay Final	2 Heats
	Boys 4x100m Relay Final	2 Heats
5:35	Girls 400m Dash Final	4 Heats
	Boys 400m Dash Final	4 Heats
5:55	Girls 300m Hurdle Final	4 Heats
	Boys 300m Hurdle Final	4 Heats
6:20	Girls 800m Run Final	2 Heats
	Boys 800m Run Final	2 Heats
6:40	Girls 200m Dash Final	4 Heats
	Boys 200m Dash Final	4 Heats
7:10	Girls 3200m Run Final	1 Heat
	Boys 3200m Run Final	1 Heat
7:40	Girls 4x400m Relay Final	2 Heats
	Boys 4x400m Relay Final	2 Heats