

Early Childhood Programs

Lesson Plan For Teaching Playground Expectations

- 1. Take class outside.**
- 2. Show and discuss the “Roosevelt/Optimist Playground Rules”.**
- 3. Practice playground expectations on each piece of equipment.**
- 4. Recognize students with words that describe positive behaviors.**
- 5. Send home the parent piece, which is the note to parents stapled to the “Roosevelt/Optimist Playground Rules”.**

Roosevelt/Optimist Playground Rules

Walk to the playground, then run on the sand and mulch.

Take turns.

Use gentle hands and feet.

Go down the slide on you bottom, feet first.

Keep sand, rocks, and mulch on the ground.

Adults push swings.

Look before you jump.

Climb it, reach it, use it independently.

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PLAYGROUND:

Dear Parents,

We learned about rules for playing safely on our 2 playgrounds at school. The following rules are posted on the fence near each playground. Please be sure to follow and reinforce the rules with your child when using these playgrounds. Your child(ren) get lots of practice being safe at the school playgrounds and you are welcome to use them any time.

Thank you.

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