

Early Childhood Programs

Lesson Plan for Teaching Motor Room Expectations

1. Take class to the motor room.
2. Show and discuss the “Motor Room Rules”.
3. Practice expectations on each piece of equipment.
4. Recognize students with words that describe positive behaviors.
5. Send home the parent piece, which is the note to parents, stapled to the “Motor Room Rules”.

Motor Room Rules

Walking Feet



Shoes ON at all times



Gus

❖ **Crawl inside only**



Ball Pit / Pillow Pool



❖ **No jumping in the ball pit or pillow pool**



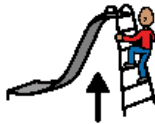
❖ **Balls must stay in the ball pit**



❖ **Do not stand on the side of the ball pit**

Slide

❖ **Use the stairs to go up**



❖ **Slide down feet first in the sitting position**

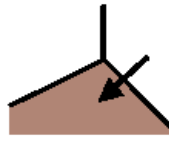


❖ **Keep hands off ceiling**

❖ **No climbing on the walls of the slide tower**

Bikes

- ❖ Ride bikes on tile only



- ❖ Helmets required at all times



Balls

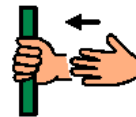
- ❖ Only bounce balls and play catch (no kicking)



- ❖ Do not throw balls to the ceiling

Mini Tramps

- ❖ One child at a time
- ❖ Use handrails while jumping

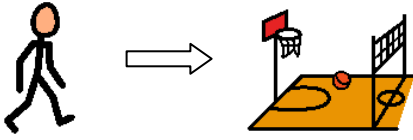


Swings

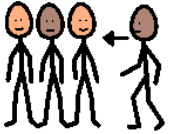
- ❖ One child at a time
- ❖ Hold on while swinging



Gym Rules



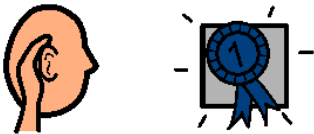
Walk to the gym



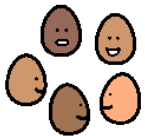
Stay with your group or teacher



Use kind words and gentle hands



Listen, follow directions, and do your best



Include your friends



Line up and come to an adult when you are called.

ROOSEVELT MOTOR ROOM

Dear Parents:

We learned about rules for playing safely in our motor room at Roosevelt. The following rules are posted on the wall. Your child(ren) will get lots of practice being safe in the motor room at school. You are welcome to use the motor room with your child when invited by a staff person. Please be sure to follow and reinforce the rules with your child when using this room.

Thank you.

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