

PBIS lesson October week 1

This week in planning room please talk to your planning rooms about academic versus non-academic areas of the school.

- Ask students to identify academic areas and generate a list, for example, C wing, computer lab, classroom, etc.
- Ask students to identify non-academic areas and generate a list, for example, commons, Iggy's, etc.
- Discuss appropriate behavior in these areas. Remind students that B and C wings should remain quiet and are not meant for students to wander through or disrupt. Any moving between areas should be done quietly and quickly.
- Talk about what the consequences (both good and bad) of following, or not following these guidelines.

Healthy Mind

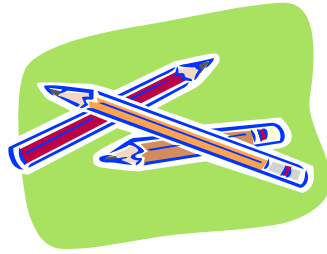
The focus of this lesson is to recognize what is going on in your mind and to keep your mind healthy.

1. Each student needs to have a writing utensil and something to write on.
2. Tell the students to write down **EVERYTHING** that comes to their mind for 2 minutes.
3. When finished, tell the students to circle the 3 things that are the most important to them right now.
4. Ask if some of the students will share what they circled.
5. When finished, have the students pick one of the 3 things that is the most important to them.
6. When each student has one thing, have them make a plan about what they can do to help them with that **ONE** thing.

We all have things that are on our minds which keep us from focusing on our day to day life. Sometimes we need to sort out our thoughts with ourselves and sometimes we need someone to talk to others about how we are feeling. Keeping our minds “safe” will help us in our everyday lives.



10 Important Manners for School



1. Greet people with a smile.
2. Be on time.
3. Call teachers and other adults by the name and title they prefer.
4. Call your friends and classmates by the name they prefer.
5. Follow classroom guidelines for getting up, walking around, leaving to go to the restroom.
6. Do not carry on private conversations during class time.
7. Sit up at your desk or table.
8. Keep the area around you desk or locker neat.
9. Chip in to help keep shared spaces neat.
10. Take responsibility for your own behavior, grades, and problems.



PBIS lesson October week 4

- Please use the included sheet to discuss some appropriate, respectful school behaviors.
- Feel free to copy this, or enlarge it to have as a poster to hang in your room or area.