

PBIS Lesson March Week 1 - Compliments

In the following lesson, you will ask your planning room students to look for examples of good news and joys that other students are experiencing. Take as long as you need this week to complete the following activities.

Read aloud to the Students:

Part of being respectful includes sharing the joy that others have. If someone gets a new pair of tennis shoes, say something positive to that person. If someone reaches a goal or makes a basket in a game, congratulate that person. When we begin to notice the joy that others have, we build positive connections. People like it when they receive compliments. And when we start to notice the good things going on around us, we experience the joy, too.

Activity:

As a group, brainstorm ways that students experience joy. (Examples could include a new haircut, new clothes, a new car, achievements, standing up for someone, being kind, etc.) Create a long list.

When you complete the list, ask questions such as these:

How many of these things have you noticed in other students in the past week?

How many of you said something positive to the person who experienced that joy?

Encourage students to notice one good thing in another student and tell that person about it over the next 24 hours. Then have students report on their experience.

PBIS lesson March week 2

Using the diagram of the one-room school house on the other side of this paper, identify the following and write them on the indicated part of the building (you could make an overhead).

1. The foundation- The 4 most important underlying beliefs /ideas/values that your school is built on.
2. The walls- 2-4 visible characteristics of your school that are supported by the foundation beliefs.
3. The front door- Something your school does to make people feel welcome as they enter your school, or a first impression people get when entering.
4. The windows-Some of the activities or events that take place in your school that let people see what is valued by the school
5. The roof-1-2 large projects at your school that touch on or cover several aspects of your school and what it values.



PBIS lesson March week 3 – Self-Esteem

Included is an activity about things students like about themselves.

- You can use the attached sheet and make copies for each student.
- You can have students create and write down their own personal list.
- You can create a poster showing the things your planning room likes about themselves and display it on your door or in your room.
- You can have students complete the sheet about someone else in the planning room.

What's Great About Me

Think about what you like about yourself. Then read the words below. Circle the ones that describe you. (Don't be shy! Circle as many words as you want.) Add your own words if there are some you feel are missing.

Healthy **Decisive** Frank
 Musical **Carefree** Patient
Active Responsive **Direct**
 Dependable *Loving*
 Creative Thoughtful Independent
 Quiet *friendly* *Quick*
Determined Responsible **Open-minded**
 Sensitive Intelligent **Leader** Patient
 Jovial *Sympathetic*
 Proud **Enterprising** Resourceful
flexible Social Patriotic Helpful
 Investigative *Relaxed*
 Understanding Predictable
 Practical **laid-back** **Driven** Ethical
 Inquisitive **Hard-working**
Talkative
 Honest Kind **Moral** **Imaginative** Stimulating

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