

Optimism in Extra Curricular Activities

Start a conversation with your planning room students by asking them how they can show optimism in regards to extra curricular activities at Apollo and make a list on your board.

If students are struggling to think of something, lead them with any of the following examples:

1. Go to the games and wear your school colors.
2. Don't be afraid to support your school, even if they lose.
3. Learn your school's cheers, fight song, and anthem.
4. Participate in school activities. Remember, your school has more than just athletics. Try choir, orchestra, band, drama, debate team, Care Club, Green Club, Knowledge Bowl, GSA, Speech, Mock Trial, French Club, German Club, Spanish Club, Political Club, Link Crew, SADD, Target, the list goes on... or run for student council. Go for the activities you like best.
5. If you're really enthusiastic, try out to be your school's mascot.
6. Help to produce your school's homecoming game, dance, or parade.
7. Volunteer to work the ticket counter or concession stand at games.
8. Help create the school's yearbook.
9. Write or take photographs for the paper.
10. Design a t-shirt or bumper sticker, button, or key chain for your school, class, or club. If it's a really great one, you could sell it as a fund raiser for your club.
11. Encourage others who show their school spirit, but don't insist on it.
12. Make sure to respect other schools.

Challenge the students that seem to be pessimistic about the activities. Find out what they like to do and if there is not an activity that relates to it, ask them if there is a need for a new activity in this area.

As a planning room, come up with 5 ideas that students believe would increase optimism in Apollo's Extra-Curricular activities.

1. _____
2. _____
3. _____
4. _____
5. _____

*List any activities Apollo does not have that your planning room thinks should be considered: **Turn into office when completed!

PBIS lesson February week 3 - Pride

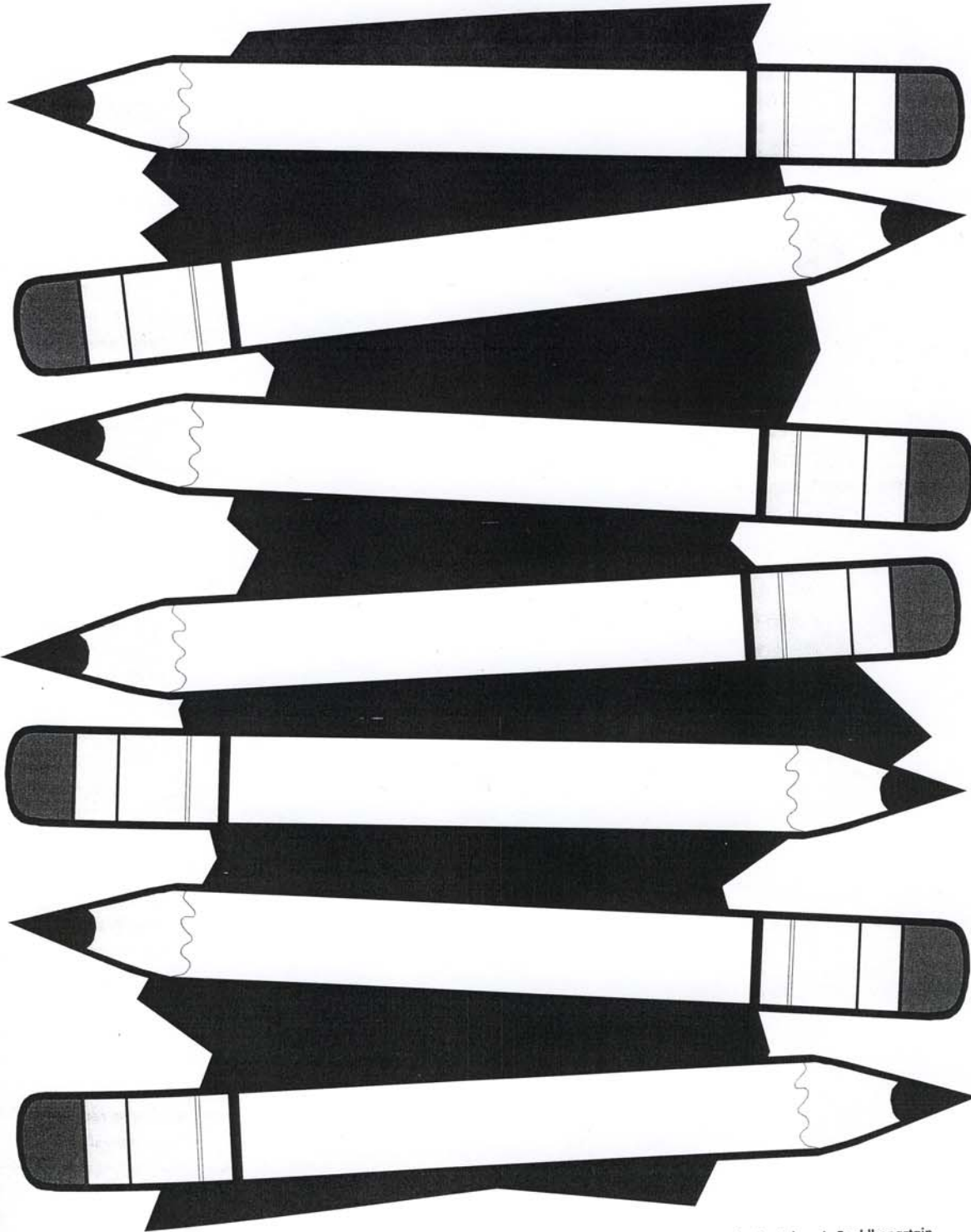
- Included is a sheet on things students like about their school.

- Please have students fill this out and then you can display them proudly somewhere.
 - You could make one copy and generate a planning room list to post in your room.
 - You could make one for each student and hang them around your room or in the hallway near your room.
 - You could make a few copies and have students work in groups and decorate your door.
 - If you do not want to use this sheet, you could get creative and have your planning room create a poster or banner of the things they like about Apollo to display proudly.

#87

Your School

What do you enjoy most about your school? What makes you care about your school?
On each pencil below, write one thing that you like about your school.



Permission to photocopy this worksheet granted for individual and educational use only. From *Building Assets Together* by Jolene L. Roehlkepartain.
Copyright © 1997 by Search Institute, 1-800-888-7828.

RESPECT

T D H N U A C T R O P P U S S
P F C O A O O R Q D T H Q E R
E E T N P K N B C H E Y K E E
C T T J P W S S O F E D O R N
C A Q U R L I V L B C P Y F N
A P J D E U D T P M O R P T A
Z I I G C F E V N L V Z U N M
D C M E I P R B A Q L D X E E
A I D M A L A P B L M O K M L
S T O E T E T L J B U F T S I
D R B N E H I K Z I E E L S S
S A O T H Q O V N T T J M A T
P P J A I P N N A E L C I R E
V Z L L P D E R A P E R P A N
A P P R O P R I A T E C J H H

Word Bank

ACCEPT

APPRECIATE

APPROPRIATE

CLEAN

CONSIDERATION

HARASSMENT-FREE

HELPFUL

LISTEN

MANNERS

NON-JUDGEMENTAL

PARTICIPATE

PREPARED

PROMPT

SUPPORT

VALUE